



Just Say YES is excited to announce Simple Truths, the DVD discussion guide and workbook to accompany Mary Flo Ridley's parent seminar, *Sooner Than You Think*. Mary Flo encourages parents to begin age appropriate discussions early so that they become the loving authority on the subject, thereby protecting children from the negative media messages.

Mary Flo introduces each section, shows an excerpt of her program, then follows up with practical, step by step instructions for implementing that topic in your home. The Simple Truths set will quickly become a "must have" follow up and/or refresher for Mary Flo's program.