



# Mary Flo Ridley

*“Sooner Than You Think”  
-Simple Answers for Challenging Questions*

*For parents of children ages 0-11*

## *How and when do I answer my child’s early questions about sex?*

**“Where do babies come from?” “How does that baby get out?” “What is sex?”** Mary Flo Ridley identifies with parents’ fear of answering those early, curious questions about sex and she knows the critical value of making that first impression. Using age appropriate content, she begins with a positive approach encouraging parents to determine what they do want their children to know about sex. Weaving humor and personal stories throughout her hour-long presentation, she suggests that parents commit to a lifelong conversation with their children about sex instead of the punctuated “talk” at puberty, which is often initiated with fear. For over 20 years, Mary Flo Ridley’s passion has been to equip parents to become their child’s loving authority and resource on sexual matters. As a result, their children seek information and guidance from them and are less likely to be influenced by our sex-saturated culture, the media and their peers.

Mary Flo Ridley and her husband reside in Dallas, TX and have 3 adult children. She speaks nationally at various parenting venues, medical conferences and has conducted interviews with *WFAA-Dallas-based ABC Affiliate, KVTI, KCBI, NBC10.com, and Memphis Parent Magazine.*

***Now Available: Simple Truths with Mary Flo Ridley – DVD and Study Guide***



## ***Feedback:***

“I’m so glad I attended. To be honest, I was a bit skeptical about approaching my 6 year old son about this subject at his age. Now that you’ve explained that it is good to do in “bits” I understand! Thank you!

*- Parent*

“She is a captivating speaker-very witty, organized and informative. We continued to get positive feedback for weeks. Parents were motivated and much more comfortable being able to talk with their children about sex after having heard her presentation.

*-PTA Vice President*

“I heard you speak over 6 years ago when I had a 6 month old baby. To this day, three children later, I still remember specific things you said in that talk. AND, my 6 1/2 year old has asked so many questions that I was grateful to be prepared to answer with advice you provided.”

*- Parent*

“One of the best parent seminars in my 13 years as a lower school counselor. She puts everyone at ease with her sense of humor, her candor and own experiences.”

*-School Counselor*

To book **Mary Flo** in your venue, contact **Just Say YES:**  
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